

Outline- Accommodating Diverse Populations in TH (TH3)

Module 1: Adaptive Gardening Tools and Techniques

- Lesson 1: Traditional Gardening Tools
- Lesson 2: Adaptive Gardening Tools
- Lesson 3: Adaptive Instruction Techniques
- Lesson 4: TH Tricks of the Trade

Module 2: TH Participants Across the Lifespan

- Lesson 1: Children- Ages 5-12
- Lesson 2: Teens- Ages 13-19
- Lesson 3: Young to Middle-Aged Adults- Ages 20-59
- Lesson 4: Senior Adults- Ages 60+

Module 3: Characteristics of Common Impairments

- Lesson 1: Physical Impairments
- Lesson 2: Sensory Impairments
- Lesson 3: Mental Health Impairments
- Lesson 4: Intellectual and Developmental Disabilities
- Lesson 5: Acquired Brain Injuries & Dementia

Module 4: Principles of Plant Husbandry

- Lesson 1: Soil, Never Dirt
- Lesson 2: Hardiness Zones & Sun Exposure
- Lesson 3: Herbaceous & Woody Plant Maintenance
- Lesson 4: Weeding, Mulching, Composting
- Lesson 5: Integrated Pest Management (IPM)

Module 5: Universal & Healing Garden Design

- Lesson 1: Universal Design Principles
- Lesson 2: Properties of Therapeutic Gardens
- Lesson 3: Types of Gardens
- Lesson 4: Raised Beds

Module 6: Principles of Garden Design

- Lesson 1: Garden Design with Perennials & Annuals
- Lesson 2: Flower Garden Design Workshop
- Lesson 3: Sensory & Pollinator Garden Design Workshop
- Lesson 4: Vegetable Garden Design Fundamentals
- Lesson 5: Vegetable Garden Design Workshop